



CANTEEN Menu 2019

Our canteen strives to provide healthy food to students in accordance with the NSW Healthy School Canteen Strategy

SANDWICHES

Wholemeal

Salad (Lettuce, Tomato, Carrot, Cucumber & Cheese)(V)	\$2.50
Tuna & Salad	\$3.00
Ham and Salad	\$3.00
Egg and Salad	\$3.00

SUSHI

Tuna	\$3.00
Tuna and Cucumber	\$3.50
Crispy Chicken and Cucumber	\$4.00
Crispy Chicken and Avocado	\$4.00

WRAPS

Wholemeal

Salad (Lettuce, Tomato, Carrot, Cucumber & Cheese)(V)	\$2.50
Tuna and Salad	\$3.00
Chicken (mayo and lettuce)	\$4.00

SALAD BOWL

Chicken and Salad	\$3.50
Egg and Salad	\$3.00

GF – Gluten Free V – Vegetarian

HOT MEALS

Chicken Burger	\$4.00
Crumbed chicken on a fresh roll, crispy lettuce & creamy mayo	
Flamed grilled Burger	\$4.00
Flamed grilled beef on a fresh roll, lettuce, Tomato, Cheese	
Lasagne	\$3.00
Mac and Cheese (v)	\$3.00
Nuggets (6)	\$3.00
Garlic Bread	\$1.50

FROZEN TREATS

Quelch	\$0.50
Frozen Fruit cup	\$1.00
Frozen Yoghurt (Strawberry & Mango)	\$2.00
Bubblegum Gelato	\$2.00

DRINKS

Water	\$1.00
Milk Popper (Chocolate & Strawberry)	\$1.50
Juice Popper (Apple, Paradise Punch & Orange)	\$1.50

EXTRAS

Bread Stick	\$0.20
Apple Slinky	\$0.20
Fresh Fruit	\$0.50
Veggie Sticks	\$0.50
Jelly Cup	\$0.50
Jumpys (Chicken & Salt & Vinegar)	\$1.00
Popcorn (GF)	\$0.60
Potato Stix	\$1.00
Banana Smoothie	\$1.00
BBQ Sauce OR Tomato Sauce	\$0.30
Lunch Order Bag	\$0.10

CANTEEN OPEN EVERY FRIDAY